

## REAL TALK FOR TRANS TEENS

### SESSION INFO

Saturday, 9:15am - 10:15am  
Room 121C

### PRESENTERS

seth rainess

### TRACK

Youth

Are your children transitioning? You don't know where to begin? What to say? How to help them? Join Seth Rainess as he offers wisdom from his own life in discussing the surprises, worries, joys and rewards of transitioning for youth today. This workshop is designed to help learn and understand the fundamental building blocks of gender transitioning.

### INTENDED AUDIENCE(S)

Teens / parents Allies for trans youth

### FORMAT

Interactive session/group activity

### TOPICS

Dating/Relationships, Education and Schools,  
Introduction/ Welcoming, Well Being and Self  
Care

## WORD FROM THE WISE: DATING BEFORE, DURING AND AFTER TRANSITION

### SESSION INFO

Saturday, 10:30am - 11:30am  
Room 115C

### PRESENTERS

SETH RAINESS  
TRYSTAN COTTEN

### TRACK

Sexuality

Now that you're transitioning (or already have) It's time to talk about dating. As trans people, we have additional issues to deal with than cisgender people: for example, how and when to disclose, anticipating backlash, and staying safe. Considering these issues, along with the other challenges that everyone faces, do you know where to meet people? How do you break the ice? What does a healthy relationship look like? Can you recognize the signs of abuse, or when a relationship is unhealthy? Who/where do you turn to for help? When things go sour, how do you break it off? How do you cope with loss when someone breaks up with you? Do you know what STIs (sexually transmitted infections) are? Do you know what safe sex is?

### INTENDED AUDIENCE(S)

FOR THOSE BEGINNING, DURING AND AFTER TRANSITION

### FORMAT

Interactive session/group activity

### TOPICS

Dating/Relationships, Sexual Health, Well Being  
and Self Care

## BELOW THE BELT 101: LOWER SURGERY EDUCATION AND DISCUSSION

### SESSION INFO

Saturday, 3:30pm - 4:30pm  
Room 123

### PRESENTERS

Mister Cris  
Seth Rainess

### TRACK

Trans-masculine

This is a lower surgery presentation to discuss surgery options, how to pick lower surgery techniques and surgeons available to meet the person's needs. We will have some pictures and space will be created so that anyone who feels comfortable doing a live show and tell can do so. Trans Men/ Trans Masculine individuals, Partners and NON SURGEON providers encouraged to attend.

### INTENDED AUDIENCE(S)

Trans Masculine individuals providers and partners encouraged to attend.

### FORMAT

Lecture

### TOPICS

Medical - Surgery, Sexual Health, Sexuality