

**Monmouth University's Departments of  
Educational Counseling and Leadership  
& Professional Counseling  
Invite all to an important workshop on  
Navigating Transgender Challenges and Shifting  
Perspectives  
Delivered by  
Seth Rainess,  
Transformational Speaker and Author  
November 17, 2016  
Magill Commons- Club Dining Room- 3:00-4:30pm**



He speaks from a profound place of knowing who he is. Born in the 1950's - a time where social consciousness had not yet evolved to today's levels of acceptance - Seth now offers his perspectives as a man from a previous generation who is deeply invested in the present. He's witnessed firsthand how minds have become less judgmental and more open over time. This has, among other changes, allowed him to move forward with his gender transition, and share his story about living on both sides.