



*Inspiring Words from a
TEDx Speaker, Consultant
& Best-Selling Author*

Seth Rainess
.com

ENERGIZE | ENGAGE | ENLIGHTEN

Navigating Transgender Challenges *and* Shifting Perspectives, One Riveting Keynote at a Time

Sought after TEDx and Keynote Speaker, Consultant, Mentor and Trans 101 Expert Seth Rainess is on a mission to alleviate transgender fear and misconception around the world. His storytelling from his own experience transitioning from woman to man models strength and courage and inspires compassion and understanding. Audience members are mesmerized by his riveting message and powerful truth-telling. With self-deprecating humor and passion infused in every charismatic presentation given from the live or virtual stage, Seth delivers a straightforward approach setting a tone that defies embarrassment and opens doors to understanding an insight into the transgender mind. Faculty, parents, teens and key players in the professional world are given a lot to think about when it comes to understanding gender identity and what it has been like to live on both sides. No question is too personal to ask; none go unanswered! Lend your ear and become a treasured ally.

ALLIES WALK AWAY WITH THEIR EYES OPEN AND CONFIDENT IN KNOWING:

- ✱ The one oldest, proven and most forgotten way to **GROW ALLIGATOR SKIN** and to deflect bullying and not become a victim
- ✱ Real Talk about trans issues, how to easily talk about it and what **NOT** to say
- ✱ Two most personal issues that no one talks about that Seth will gladly reveal and one that will surprise you about the bathrooms and locker rooms.

WHY IS SETH THE RIGHT CHOICE?

Seth delivers a high-impact program that shifts perspectives and changes attitudes for the better in the moment. Whether he is addressing an intimate group or a standing room only crowd of hundreds, Seth will enlighten your audience, debunk misconceptions and peel the layers back to see the real person because he has WALKED THAT WALK!

WHAT AUDIENCE MEMBERS SAY:

...our faculty was moved by your openness and your ability to communicate thoughts, feelings and facts in a non-threatening manner. Each left with increased knowledge and a greater understanding of what our students and families face. The feedback was VERY positive and people were still talking about it today. ”

Risa Clay, Principal, Red Bank Regional H.S.

“... it is invaluable to have a strong advocate for the transgender community that is willing to provide support and guidance for parents, students and educators...he possesses expertise and understanding of the Trans community...his devotion and empathy is clearly recognized throughout all his endeavors. Our experience has been enriching. ”*

Laura Biel- Child Study Team

**Cailyn Gilvary- School Social Worker
Monmouth County, NJ**

“Seth engaged our students with a message of hope and understanding for counselors who will work with transgender students. He inspired us to reflect and gain expertise through transgender courses and trainings in schools and universities.”

Thanks again for you all you do.

**Dr. José Miguel Maldonado, Ph.D., LPC, SC-PA, NJ--
Department Chairperson & Associate Professor
Educational Counseling and Leadership Department
School of Education - Monmouth University**

“Had one of the best days of my life ... listening to what Seth had to say about transgender stuff. Couldn't have had a better day! ”

Trans Teenager

“...your confident style was very helpful to our community and those who want to understand. It's a real skill to get to the core in short period of time. The questions that followed were evidence of the success of the whole program last night. ”

Joe Cutter, Ocean County Human Relations Commission

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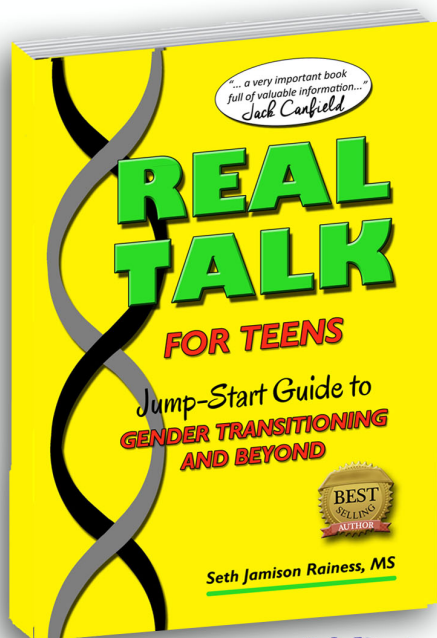
GROW ALLIGATOR SKIN



Let's advance compassion and understanding.

"...a must have on your professional shelf..."

Transitioning is a marathon—not a 100-yard dash. What are you going to do once you reach the finish line? *Real Talk* is the first book devoted exclusively to gender transitioning for youth. Seth takes early transitioning seriously and offers an in depth roadmap of the numerous issues that youth can expect to encounter in their journey. But Seth doesn't stop there. He provides a guidebook of sound advice to help them navigate various stages of gender reassignment, including treatment options for hormones and surgery, coming out to friends and family, and tips for dating and disclosure. *Real Talk* presents an essential toolkit for building mental toughness and teaches youth how to take control of their destiny, achieve success, and live a happy, fulfilled life.



TEACHING TOLERANCE
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER

"Firsthand, realistic and critical advice for varying stages of gender reassignment."

Sara Wicht - Middle School

"This book demonstrates that transgender kids can survive, can be wise, and can accomplish something that contributes to society... Rainess offers transgender teens tools for success and guidance about the potential joys and pitfalls ahead when one is trans... He navigates for the curious and the watchful, ensuring that readers have pointers to help them find their way. What a generous gift!"

Jamison Green, President,
World Professional Association
of Transgender Health

WRITTEN FOR TEENS BUT READ BY ADULTS



"As a parent I found it very insightful since it helped me understand what my son would be going through in the next 12-18 months. There aren't many books on this topic which cover such a large range of topics. My son will use it as reference for the next few years. This is a challenging time and having someone talk about the journey firsthand was a big comfort to me. I am very grateful to Seth for writing this book."

"This is an amazing book for teens and their parents. I often assign this as a book for both to read a chapter at a time and then talk together about what Seth shares. So many parents and children/teens return to my office saying that it helped build communication, understanding, compassion and trust in the family. I love the mom who shared with me that the whole family has been focusing on 'alligator skin' when anything in life starts getting to feel like too much. The skills shared are incredibly valuable for transgender teens and all. Thank you for your great book and for putting it into the world!"

Linda A. Hawkins, PhD, LPC
Co-Director, Gender & Sexuality Development Clinic
The Children's Hospital of Philadelphia



Entertainment

TEDx Wilmington
x = independently organized TED event

TIME



JOHNS HOPKINS
UNIVERSITY

Philadelphia
Trans Health
Conference



DOCTOR
RADIO
NYU

Out TV Jersey

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ASBURY PARK PRESS



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